

Happy April to you all! Like my little friend in the photo, I hope you are able to pause and smell the newly-blooming flowers. It has been a long, hard winter...and I'm not just talking about the past few months. We have weathered two years of fear, solitude, and frustration. I hope and pray it is actually coming to an end.

With the promise of better days ahead, I am beginning to formulate plans to get PFLAG PGH back to in-person programming as soon as possible. The board is weighing many factors in our decision about a re-opening. Primary among them are the Allegheny County numbers and other information. Once we return, I anticipate we will request attendees wear masks and be vaccinated. It is a work in progress, though. Whenever we do re-open (soon I hope), we will be offering the following:

- In-person support meeting: 2nd Sunday of the month at 2:00 pm
- Virtual support meeting: 2nd Wednesday of the month at 6:30 pm
- In-person potluck for the loved ones of trans & gender diverse youth: 4th Wednesday of the month at 6:30 pm



We will also continue to support the Parent to Parent Coffee. As it is not a PFLAG event, we do not have control over its transition to in-person. For information about the P2P Coffee, reach out to themamabearmail@gmail.com.

If you have an idea for any other services we can provide, please feel free to contact me at dwest@pflagpgh.org. (I'm thinking of a book club or a dad's night out?)

A return to in-person programming will require an increase in the number of people needed to make it all a success. Please consider volunteering for any of the positions below. They all come with some level of training and they all come with a tremendous amount of satisfaction in being a part of something very special that makes a difference in people's lives.

- Join the board! We are looking for fresh ideas from fresh faces. There are several possible options. Most positions only require attendance at a 1 ½ hour meeting once a month and a minimal amount of time on your own. Contact me with any questions.
- Become a group facilitator! As we go to both virtual and in-person meetings, this may be our greatest need. Facilitating is an important component in keeping our support meetings flowing and beneficial for all in attendance. Online training is available to get you comfortable with this role. Again, contact me with questions.
- Want to be a Librarian? We need one. The primary responsibilities are to set out our collection of books at the in-person meetings and keep track of what needs to be purchased to replenish the collection.
- Help organize the potluck. Our primary organizer needs help ordering a main dish, making sure we have supplies, etc. This will involve a minimum of time with a maximum of benefit.

PFLAG PGH is only able to do the good work we do when good people volunteer to help make it happen. I can tell you from personal experience, it can be one of the most rewarding things you do. If you are searching for a(nother) way to make a difference in the world, consider volunteering here.

Enjoy the warm weather!